

Life

Ever feel like something's missing?

Find the hope you're looking for.

Find life in Jesus.

findlifeinjesus.org



**Join us at St Pauls
Little Eaton
this March**

admin@littleeatonchurch.co.uk

St Paul's
Little Eaton Church



ST PAUL'S CHURCH CONTACT DETAILS



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THE VICAR'S LETTER

JAMES HUGHES



Dear Friends,

Easter is my favourite time of the year.

Now, that's partly because Easter and Spring come together – and Spring means lighter nights, and the promise of a good year ahead, and the summer and so on. It's good to get through the winter, even if it has taken longer than usual this year.

But it's also because Easter is my favourite Christian festival. Don't get me wrong – I love Christmas – but Easter is even better, and not just because of the chocolate; because at Easter we remember not just that Jesus came to earth for us, but also why he came – to die for us on a cross. And more than that. We remember that he rose again – that's what we celebrate on Easter Day, and that is good news – it is, after all, what makes Good Friday good.

So at Easter we see what Jesus came to do, and we have the opportunity to remember and reflect on it. But with Easter being right at the start of the month, we come to a question which we always ask after Easter – what next?

What next for the disciples meant seeing Jesus again after he rose from the dead, and then being sent by Him as His witnesses after he ascended to heaven.

What next for us might mean preparing for exams, sorting out the end of the tax year, looking forward to summer holidays, or many other things. But I hope it also includes continuing to reflect on Easter, on who Jesus is and what He came to do. You are welcome to join us Sunday by Sunday at 4.30pm as we do that together.

I look forward to seeing you.

Blessings,

Church Services: March – June

Joint Services at St Alkmund's

2 Apr – Maundy Thursday Service at 7pm

3 Apr – Good Friday Service at 2pm

5 Apr – Easter Sunday Family Service at 10am

Sunday Afternoon Services

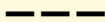
4.30 pm St Paul's Church (Every Sunday, with Holy Communion usually on the 4th Sunday of the month). *Refreshments are served before services, from 4 pm:* 8 Mar – Evening Prayer (*Psalms 11*), 15 Mar – Evening Prayer (*Psalms 12*), 22 Mar – Holy Communion (*Psalms 13*), 29 Mar – Open to Question (**Palm Sunday**), 5 Apr – Holy Communion (Luke 24:1–12, **Easter Sunday**), 12 Apr – Evening Prayer (Luke 24:13–35), 19 Apr – Evening Prayer (1 *Corinthians 5*), 26 Apr – Holy Communion (1 *Corinthians 6:1–11*), 3 May – Open to Question, 10 May – Evening Prayer (1 *Corinthians 6:12–20*), 17 May – Evening Prayer (1 *Corinthians 7:1–16*), 24 May – Evening Prayer (1 *Corinthians 7:17–24*), 31 May – Holy Communion (1 *Corinthians 7:25–40*), 7 June – Open to Question, 14 June – Evening Prayer (1 *Corinthians 8*), 21 June – Evening Prayer (1 *Corinthians 9:1–18*), 28 June – Holy Communion (1 *Corinthians 9:19–27*)

Holy Communion at All Saints' Chapel

8.30 am Hazelwood Road, Duffield (Usually the first and third Sundays of the month, plus occasional fifth Sundays): 15 Mar, 29 Mar (Ven Andy Brown), 5 Apr, 19 Apr, 3 May, 17 May, 31 May (Ven Andy Brown), 7 June, 21 June.

Tuesday Morning Prayer

9.30 am St Alkmund's Church, Duffield: 10 Mar, 17 Mar, 24 Mar, 21 Apr, 28 Apr, 5 May, 12 May, 19 May, 2 June, 9 June, 16 June, 23 June.



St Paul's Regular Events

Salt Cafe – Sundays in St Alkmund's Church Hall at 6.00pm. For any youth in school years 7–13. Chat, games, pizza and lots of fun.

Benefice Prayer Meeting – 1st Wednesday of the month, at 7.30pm, St Alkmund's Church Hall.

TOTS Group – Thursdays from 9.30am to 11.30am term time, in St Paul's Church Hall.

Board Games – 4th Saturday of the month, 1.30pm – 4.30pm in St Alkmund's Church Hall.

What? I don't understand!



I'm sure that the headline of this article will be one you are familiar with. I was reminded of it recently – but more about that later. It caused one of my first encounters with the topic to come flooding back to me – and yes, there have been many “I don’t understand” moments!

Once when a schoolboy, I was on a school day-trip to a nearby farm. I’ve no idea why, but we had a task sheet which included finding out how many sheep there were in one field. It may have been a test to see who stayed awake. We were given several other bewildering ‘count this’ sort of questions, but the one which stopped me was the task of assessing how many fields were arable.

I didn’t know what ‘arable’ meant, and I didn’t dare ask either. Did I miss what the teacher had previously told us? Is it something I should have known anyway? To put this in context, this event was a very long time ago, and I could see at least a

detention coming along and probably having to write at least 500 lines of, “*I must learn what arable means*”. I was afraid and humiliated and obviously that feeling is still there once my ‘surface’ is disturbed.

Now I’ll tell you what brought on this flashback of panic.

I was reading in Mark’s gospel chapter 9 verses 30–32. Jesus was quietly teaching his disciples what was going to happen when they got to Jerusalem. It wasn’t the first time Jesus had done this. It happened in chapter 8 as well. Now it came up a second time when Jesus again told them what was to happen in Jerusalem. The event in Chapter 9 ends with, “...*but they (the disciples) did not understand what he meant and were afraid to ask him about it...*”

As I look back on my life, how I wish I had used more courage and *asked* when I didn’t understand something. It’s quite common to not know. Jesus was referring to the approaching activity in Jerusalem – his →

→ trial, sentencing, death and resurrection AND the consequences for us. We also need to understand it because it determines our own personal eternal destinies. It's a bit like I must understand tax changes or the Highway Code – they are not optional.

We are approaching Easter when the church calendar revisits the events Jesus was teaching his disciples about. I urge you to 'fess up' to yourself whether you understand Jesus' death and resurrection, and what it means for us individually.

In my university days, someone once asked me if I knew why Jesus had to die. I felt I spent what seemed to be a long time thinking, while he waited. Did Jesus die as an example? But an example of what? The world has many examples of good people killed.

Maybe the answer to the question was that the scribes and Pharisees disliked him and so trapped him? Yet Jesus clearly saw the Easter event coming and walked straight to it. Why? All my ideas failed to be convincing, so I admitted I didn't know. Thankfully, my friend took the time with me to look at John's Gospel for the explanation – how Jesus' death was for me, in my place so that I won't have to face God's holy anger and judgement for my sin and wrongdoing – Jesus faced it instead. That meeting changed my life!

St. Paul's church has many opportunities to explore the truth of Easter. Do please come and 'ask'! You will be very welcome to join us anytime.

Richard Nicholson



 St Paul's
Little Eaton Church

 TOTS

Calling all TOTS!

TOTS is a free group for all babies and pre-school children with their parents, grandparents or carers. Everyone is welcome to come, play and chat, sing songs, make a craft, make a mess, and drink good coffee!

Every Thursday during term time
9:30am-11:30am
in Little Eaton Church Hall

For more information tel. 01332 987550 or email admin@littleeatonchurch.co.uk
Find us on Facebook or x



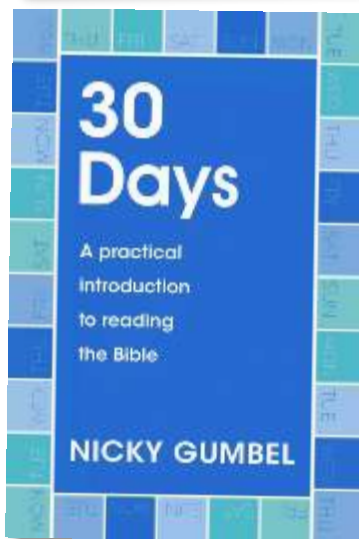
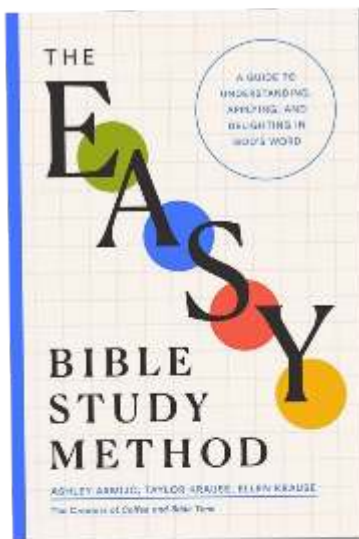
RUTH GRAVES is a member of our 'sister' church St Alkmund's Duffield and a volunteer at Cornerstone Christian Bookshop in Matlock. In this article, Ruth reviews two more books she's recently enjoyed reading. Ruth is happy to get books she's reviewed from Cornerstone Christian bookshop. Contact Ruth through the Church Office.

The EASY Bible Study Method is a book that I wish I had read years ago – possibly even as a teenager, as I can see lots of applications of the practices it promotes being equally applicable to GCSE or A level studies. The 4 letters of the title stand for the 4 parts of the book:

- E – Enter into the story
- A – Assess the Main Idea
- S – See God and His Character
- Y – Yearn for a heart of Change, followed by a conclusion, Putting it all together.

This book is for Christians new to Bible study; and for seasoned believers looking for a fresh approach to reading God's word; and also a wonderful practical resource for mentors wanting to help others to study the Bible. It's a very practical book; giving examples and opportunities to practise what has been described in analysing Bible passages.

The Bible is still a best seller, but it can sometimes be hard to read at times – a collection of 66 separate



yet interlinked books; where to begin? *30 Days*, by Nicky Gumbel provides a reading each day for 30 days – the Bible text is printed in the book for you, so no struggling to find it in your Bible or on your electronic device; though this would be very useful to do when you have time. The book then explores that day's text, giving it context, drawing out challenges, and ending with a brief prayer.

I found this book easy to follow; it's particularly suitable for new Christians or those exploring the Bible for the first time, helping to answer questions such as 'How can you know that Christianity is True?' and 'What is the Gospel?'

THE EASY BIBLE STUDY METHOD – by Ashley Armijo, Taylor Krause and Ellen Krause, Moody Publishers 978 0 8024 3419 7.

30 DAYS by Nicky Gumbel, Hodder & Stoughton, 978 1 473 69238 1.

Ruth

Life '26 – Ever feel like something's missing? – Find Life in Jesus

At St Paul's Little Eaton this March and April, we're inviting people to "*Find Life in Jesus*".

You' will be very welcome to join us at church for our special services on **Palm Sunday (29th March)** and **Easter Sunday (5th April)**, and (as you can read elsewhere in this magazine), other events will also be taking place during March and April, including our **Easter Quiz & Pizza Night on 20th March** and our **Easter Egg Hunt on Easter Saturday 4th April**.

For the very latest information, please visit our church website and/or our Facebook page, or alternatively you can contact the Church Office (Telephone 01332 987 550).

<https://littleeatonchurch.co.uk/>

James Rollin

sanctuary

Drop-in Cafe

Come along and be creative or just
have tea and chat

Thursdays from 1.30 to 3pm

St Alkmund's Church Hall



St. Alkmund's
Duffield Parish Church

Life

Ever feel like something's missing?

Find the hope you're looking for.

Find life in Jesus.

findlifeinjesus.org



Join us at St Pauls Little Eaton
4.30pm 29th March & 5th April

www.littleeatonchurch.co.uk

admin@littleeatonchurch.co.uk

01332 987550

St Paul's
Little Eaton Church



Where to find Joy

Following the publication of our Christmas magazine, it became apparent that JOY could not be found anywhere on the Christmas Word Search, and for this we can only apologise to any of you who spent hours trying to find it !

B	E	T	H	L	E	H	E	M	A	R	Y
A	E	R	E	T	N	I	W	S	N	O	W
O	O	I	U	H	H	P	E	S	O	J	K
J	I	N	G	L	E	B	E	L	L	S	L
D	E	C	G	A	G	L	E	O	N	M	S
B	E	S	C	I	I	W	R	E	A	T	H
F	I	E	U	J	F	Q	T	P	O	N	E
C	H	R	I	S	T	M	A	S	Y	X	P
T	O	S	C	S	H	E	E	P	T	P	H
E	L	D	N	A	C	L	E	G	N	A	E
E	L	F	T	R	E	E	D	N	I	E	R
K	Y	P	P	A	H	O	P	E	C	A	D

ANGEL	JOY
BETHLEHEM	MARY
CANDLE	NOEL
CHRISTMAS	NUT
CRIB	PEACE
ELF	REINDEER
GIFT	SHEEP
HAPPY	SHEPHERD
HOLLY	SNOW
HOPE	STAR
JESUS	TREE
JINGLEBELLS	WINTER
JOSEPH	WREATH

However, rest assured, to assist you in your endless “worldly” search, we can say with faithful confidence that JOY can always be found in Jesus Christ. Do come along to our Church services on Sunday afternoons at St Paul’s (or Sunday mornings or evenings at our ‘sister’ church St Alkmund’s Duffield) to find out more about the good news of Jesus. You will be very welcome.

Caroline Walker



Mary Magdalene at the Cross – An Easter Story

I was there when Jesus died because I had to be. I was proud to be associated with him, whatever the consequences. I knew he would never let me down so I had to try and do the same for him. Unlike many others, I hadn't deserted him or run away in fear for my own life.

I had met him when he was travelling around the country teaching people the good news of the Kingdom of God. He healed me, along with Joanna and Susanna and others – such power was breathtaking. And he taught with such authority. As Jewish women, we weren't supposed or allowed to learn from the rabbis but Jesus treated all of us as equals. He taught that God wanted to forgive our sins so that he could then have individual relationships with each one of us. Even me. He made God seem real, but then, as he later revealed, he was himself the Son of God, so that should have come as no surprise. That was why he was willing and able to forgive people sins because of who he was. But he was also very much a human being. And the joy for the three of us was that he allowed us to travel around with him and his disciples and use our own resources to meet all their needs. It was a privilege.

So, at the cross I had very mixed emotions. Anguish and sadness watching Jesus my friend and master die. And anger. Anger towards Pilate who gave in to the biased crowd and sentenced an innocent man to death. Anger toward the Romans for using such a barbaric punishment. And anger at the religious leaders who had pulled the strings behind the scenes to ensure the death of the one who exposed their hypocrisy and lack of real faith. They



were getting away with killing God's son. But Jesus had predicted this, and that made it more difficult to stomach. He could have avoided going to Jerusalem and lived. But he insisted he had to die. What I had forgotten in the turmoil of his crucifixion was the times he'd also promised that he would return.

When Jesus's body was taken down from the cross, I followed Joseph of Arimathea. He was a follower of Jesus who had bravely asked for his body, and I watched him and Nicodemus lay the body in Joseph's own tomb, hewn out of solid rock. The Romans soldiers then rolled a large stone across the mouth of the tomb.

Following our traditions, we prepared spices and perfumes for the body to apply the day after the Sabbath. When I went →

→ to the tomb, I was horrified to see the stone rolled away, and assuming the body had been taken, I ran to fetch Peter and John. They confirmed that the body had indeed disappeared, and then left me weeping by the tomb on my own. I eventually looked inside and saw two angels who asked me why I was crying. "They've taken my Lord away," I said. Minutes later, seeing who I thought was the gardener, I asked him if he had moved the body. Then he said my name in such a way that I knew it was Jesus. He told me to go and tell the disciples that I had seen him, and later that evening he came to where the disciples were and proved he was alive by showing them his damaged hands and feet!

Only later did I come to fully understand the miracle of what became known as

Easter. The just punishment for sin and rebellion against God is death. Jesus had never sinned, so didn't deserve to die. What he did when he died on that cross was to take the punishment our sin deserved on himself. To receive God's forgiveness, we have firstly to say sorry to God for the wrong things we have done while believing and trusting that Jesus died in our place. We then need to invite Jesus to become the lord of our lives, guiding and helping us to live as God wants.

When Jesus healed me, I had no idea that I would end up seeing him die and then rise from the dead. I experienced such a mix of emotions, but thankfully the final and lasting one was great joy.

Andy Hardwick

 St Paul's
Little Eaton Church

Life

EASTER QUIZ
&
PIZZA NIGHT

1st and second prizes. Max team size of 4



Friday 20th March 2026
7.30pm in St Pauls Church Hall

Tickets £5 payable on the night
Bring your own drinks and glasses

more info: admin@littleeatonchurch.co.uk

Easter at St Paul's Little Eaton – Find Life in Jesus

Many thanks to everyone who came into church to help make up all our Christingle oranges last Christmas. The decorated church looked lovely, and the Christingle candles which we lit during the service beautifully illustrated how the light of Christ, shining into the darkness, changes our world and our response to it.

You may be interested to know that we're opening up the church to everyone in the village again on Saturday April 4th (Easter Saturday) between 1.30 and 4.30pm. There will be activities for children, including a special Easter Egg hunt, with chocolate for all the kids, but you are very welcome just to pop in just to look at the Easter decorations. Everyone is invited, and don't worry if it's raining, as everything will be inside the church!

Of course, we'd also love to see you at our service the following day, Easter Sunday, at 4.30pm, when we will again be celebrating what Jesus did for each one of us when he died on the cross, and then rose to life three days later. Not sure what that was? Well come and find out!

Liz Hardwick





St Paul's
Little Eaton Church

Life

EASTER OPEN CHURCH



**Easter Egg Hunt
and
Fun activities**

**Come see
the church
decorated
with Easter
flowers**



Saturday 4th April 1.30pm - 4.30pm

Ever feel like something's missing?

Find the answer you're looking for.

Find life in Jesus.

findlifeinjesus.org

more info: admin@littleeatonchurch.co.uk

My Road to Faith

By Bill Bailey

I don't know whether you're supposed to have Biblical 'heroes', but if I were allowed to have one, it would undoubtedly be the Apostle Paul. We're told that Paul was a slightly built, balding and very unimposing looking man, but following his conversion on the road to Damascus, God transformed him into one of Jesus's most effective, fearless disciples, spreading the word of God far and wide. I would therefore have loved to have experienced a similar Damascene conversion and become just a fraction of the giant of a man Paul was; however, my road to faith was much less dramatic!

I was brought up as a child in the Roman Catholic church, and at primary school was taught by nuns. I took my first Holy Communion in school at the age of around 10 but then moved onto a largely secular grammar school. Despite my early schooling, religion and faith did not really feature in my family life, and as a teenager and young adult, I drifted away from faith. At university I was aware of Christian societies but considered the members a 'bit weird' and a world away from my life of rugby, mates and beer. I then qualified as a doctor, and my world view was very scientifically based – I sought and demanded rational, logical explanations for the way the world worked and dismissed anything supernatural that defied logical explanation.



My career developed and then I met my wonderful wife Lucy. We were married in 1992 in Evington Church, Leicester, by her father Peter, who was a practising Church of England (C of E) vicar. Although Lucy had been brought up as a Christian by two devout, inspirational parents, she too had drifted away from faith after leaving home. Spiritually, however, nothing changed as we had our lovely little family, even though they were all christened in the C of E and we attended church on the 'big' occasions. I guess some may have called us 'cultural Christians', although I personally find the phrase meaningless!



→ It was Lucy who first, very slowly awakened my dormant faith. I'm not sure when or why it happened, but Lucy became steadily more interested in church and the Bible, and to the obvious joy of her parents, rediscovered her faith in God. Myself and our kids initially treated this as 'Mum's little hobby', but I found myself increasingly wondering why this obvious transformation in my nearest and dearest had happened. I was genuinely puzzled and not a little intrigued.

Predictably, my approach to this conundrum was scientific! I decided to learn more about Christianity and question/test some of the aspects of faith that are more difficult [at least for me!] to get your head around. I took part in two courses, Life Explored and Christianity Explored and was welcomed into Andy and Liz's home for one of the courses. I was allowed to ask questions, express doubts and offer opinions, and slowly but surely it dawned on me that something had been missing in my life, and that gap could be filled if I welcomed Jesus

Christ into my heart. I also read books and recall being amazed at how many prominent scientists down through the ages have been devout Christians, including Newton, Kepler and Faraday. Having Lucy at home was of course a massive help, and latterly James Rollin has provided me with friendship and fellowship as we have explored the Bible together on 1:1 courses and read Christian literature. To be honest, I still have wobbles, but as time passes I believe my faith in Jesus gets stronger as I can feel him entering my life more and more, and the power of prayer becomes more blindingly obvious! I am also grateful for how loving and welcoming our church family at St Paul's has been, and how thought provoking [and occasionally challenging!] our Vicar James Hughes's sermons always are.

My journey is far from finished, but I hope I am making small, steady steps and that with the love of Christ, they will continue.

With love and fellowship,

Bill

God for agnostic humanists

When Dag Hammarskjöld (1905–1961) was serving as Secretary-General of the United Nations, he gave the impression of being an agnostic humanist. So it was a great surprise, when, after his death in a plane crash, there was found in his apartment the manuscripts of *Markings* – 'negotiations with myself – and with God'. His prayers have the naked honesty of someone truly confronting his Maker.

Give me a pure heart – that I may see thee,
A humble heart – that I may hear thee,
A heart of love – that I may serve thee,
A heart of faith – that I may abide in thee.

(Let me be)
righteous in thine eyes,
With thy courage,
Within thy peace.

GIVING HOPE

A big thank-you again to members of St Paul's and to the people of Little Eaton and our local Pharmacy for enabling us to send 60 toiletry gift bags to the Hope Centre Derby for the homeless and needy in December 2025. We would also like to thank Sainsburys for their kind donation. The photo below is of the bags awaiting collection by the Hope Centre. We would also be very grateful for any donations of toiletries towards our 2026 effort.

Allan & Kathryn Barber



2026 Benefice 'Album Club' Meetings

Having rounded-out last year in fine style listening to albums by The Alan Parsons Project (*Eye in the Sky*) in November and The Who (*Who's Next*) in December 2025, our ongoing Album Club meetings have got off to a similarly good start in 2026.

In January 2026, Peter Posner (*opposite, second left*) chose *Innervisions*, the 1973 album by Stevie Wonder. Released in August of that year, *Innervisions* was recorded during 1972–3 at the Record Plant in Los Angeles and Media Sound Inc in New York City. Much of the *Innervisions* album is almost entirely Stevie Wonder's own work, with the lyrics and composition of the songs on the album all by Wonder; he also played all, or virtually all, the instruments on many of the album's tracks. Stevie Wonder also produced the album, in conjunction with associate producers Robert Margouleff and Malcolm Cecil.



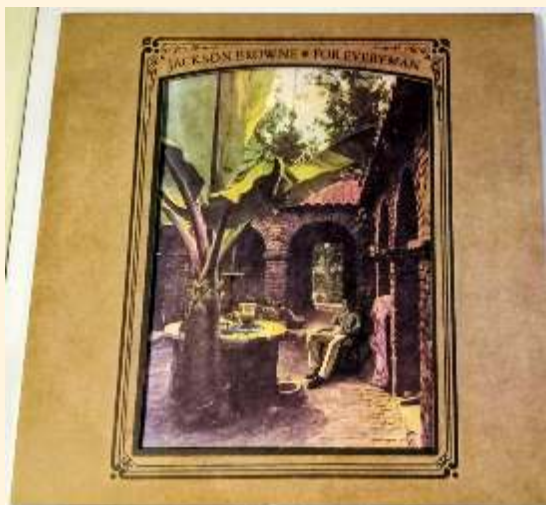
The nine tracks of *Innervisions* encompass a wide range of lyrical themes and issues; the album is also notable for its use of the 'TONT0' synthesiser (an acronym for "The Original New Timbral Orchestra"). The first, and still the largest, analogue synthesizer in the world, TONT0 was designed and constructed by Malcolm Cecil, housed in a semi-circle of curving wooden cabinets, 20 feet (6.1 m) in diameter and 6 feet (1.8 m) tall.

Innervisions reached number four on the US Billboard albums chart (remaining in the Billboard charts until January 1975!) The album also found success in the UK, peaking at number eight on the UK album charts. Three singles were also issued from the album, with one of the album's most well-known songs, 'He's Misstra Know-It-All' (thought by some to be a dig at the then-US President, Richard Nixon), reaching number eight on the UK Singles Chart.



In February 2026, James Rollin chose Jackson Browne's second album ***For Everyman***, recorded during 1973 and released in October of that year. Produced by Jackson Browne and recorded at Sunset Sound Studio and Wally Heider's Studio in Hollywood, the album features numerous well-known guest artists, including David Crosby, Glenn Frey, Don Henley, Elton John [credited as "Rockaday Johnnie", due to US Work-Permit issues!], Joni Mitchell and Bonnie Raitt. *For Everyman* also saw the first appearance of Browne's longtime collaborator David Lindley, who plays numerous instruments on the record, including slide-guitar.

For Everyman contains several of Jackson Browne's most well-known songs, including the title-track and 'Take It Easy', which was co-written with Browne's then-neighbour Glenn Frey of the Eagles (who had a hit with their version of the song in 1972). Another famous song on



the album is 'These Days', which first appeared on *Chelsea Girl*, the debut solo album by German singer Nico, released in 1967. Gregg Allman recorded (for his 1973 LP *Laid Back*) a new arrangement of 'These Days', and Jackson Browne's own version of the song on *For Everyman* is based on Allman's rearrangement. The song has since been recorded by many other artists over the years and is one of Browne's most enduring compositions.

Our Album Club will be continuing to meet monthly during 2026 and new members are always very welcome.

For more information, please contact the Church Office.



‘Why do we do what we do?’

Why is there often Holy Communion during a Sunday Service, and what’s it all about?

Iwonder what comes to mind if you hear or see the phrase *Holy Communion*? If you spent time during your schooldays or whilst growing-up in a very formal, or traditional church setting, then perhaps the word “Communion” conjures-up memories of candles, incense, colourful robes, polished silverware and very elaborate ceremony. On the other hand, if you don’t really have any church background or experience, Communion maybe means very little; beyond a vague understanding that it’s something done at church.

Either way, in this article – continuing our periodic Parish Magazine series looking at *Why do we do what we do* in church – I’d like to briefly explain what Communion is; why we regularly have it at some of our Sunday services and why it’s an important aspect of the Christian faith. The background to Communion is recorded in the New Testament Gospels of Matthew, Mark & Luke¹, and I’ll refer to the latter account here.

Communion, or the Lord’s Supper (as Communion is also known), is instituted by Jesus as He prepares to go to the cross. At the cross, Jesus will die and rise again, in order to deal with human sin and



wrongdoing, so that people can be reconciled to God and have a restored relationship with Him, as we remember and celebrate at Easter.

As Jesus approaches the cross, he presides

over the Passover celebration with His disciples, the Jewish festival which commemorated God’s rescue of His people the Israelites from slavery in Egypt. And, as He and His disciples partake of the Passover meal, Jesus highlights to His disciples the ‘saving significance’ of His approaching death (which the Old Testament Passover points towards) on the cross, which will ‘rescue’ people from sin and death. Luke chapter 22, verses 19 and 20:

“... ¹⁹And he [Jesus] took bread, and when he had given thanks, he broke it and gave it to them, saying, ‘This is my body, which is given for you. Do this in remembrance of me.’ ²⁰And likewise the cup after they had eaten, saying, ‘This cup that is poured out for you is the new covenant in my blood....’”

The phrase “...for you...” [or, “on your behalf”] used in verse 19 with reference to the bread and in verse 20 with reference to the wine, highlights to us Jesus’ sacrificial offering of Himself for us; highlights Jesus’ saving agency and activity at

¹ See Matthew chapter 26, verses 26–30; Mark 14, verses 22–25 & Luke 22 verses 14–20.

the cross on our behalf. Jesus' body, given for us (v 19) is the once-for-all sacrifice for sin – Jesus is the one who dies in our place, which – as with the Jewish Passover in the Old Testament book of Exodus¹ – enables God to pass over our sin, so that we can have a restored relationship and peace with God, through everything Jesus accomplishes at the cross. Similarly, Jesus' blood sacrificially shed at the cross, 'seals' or 'ratifies' this "...new covenant..." verse 20; this new and restored relationship with God in Christ.

Our regularly participating in Communion or the Lord's Supper as Christians is foundational to our faith. As Jesus explains in those verses in Luke 22, Communion shows us God's saving grace and goodness. And when accompanied by, and

¹ You can read an account of the Passover in Exodus chapter 12, verses 1–30.

received in faith, taking Communion as a Christian is effectual to confirm ones' faith.

It's important to stress, too, that there *isn't* any benefit to taking Communion if it's not accompanied by faith in Jesus. No matter how regularly one might take it, nor how elaborate a Communion ceremony might be, by and of itself, Communion can't, and won't save you. Taking Communion isn't somehow magic – the benefits of receiving Communion come by faith in Jesus Christ.

Well, as ever, there's always more to say when it comes to God's grace and the saving work of the Lord Jesus. Why not come along on a Sunday afternoon to find out more? You will be very welcome to join us at Easter or at any time.

James Rollin



 **Open to Question**
at St Paul's Little Eaton

4.30 - 5.30pm

A casual service with refreshments
around tables in the church hall.
Everyone is welcome

Come for coffee
Stay for Jesus

Children's Work

Winter – Spring 2026



St Alkmund's
Duffield Parish Church



St Paul's
Little Eaton Church



Our Children & Youth Workers

James Munro

Adam O'Dowd



Here at St Alkmund's and St Paul's, we have lively and welcoming groups of young people exploring the Bible and life in church together. Everyone is invited and questions are warmly encouraged. Here's what's happening across the benefice:

Junior Church

NEW

St Alkmund's Youth Together | Sunday 10am | Age 3-14

Starting this term we are beginning a new venture for our children and youth called Junior Church, where we enjoy worship, hear a Bible story, and have space to pray and play together before Sparks and Fuel split into their own space. Preschool parents are welcome to drop in and out as we meet Jesus and enjoy worship together.

Sparks

St Alkmund's Children's Church | Sunday 10am | Reception-Year 5

If you're between the ages of 3-11, come along and join us at Sparks during the morning service in the hall for games, biscuits and a story. Each term we will be exploring different topics that encourage our children to gain a fundamental understanding of God and what it means to have a relationship with Him.

Fuel

St Alkmund's Church Youth | Sunday 10am | Year 6-9

Fuel is about growing up with God, getting stronger in His peace and wisdom and being confident to question and explore our world and our Bible better. We squeeze in some games and snacks too!

SALT CAFE YOUTH



St Alkmund's Church Hall | Sundays 6-7pm | School Years 7-13

Our Sunday youth group meets in term time to enjoy a meal, games, big questions, and time to relax before Monday comes around again, with games like Poetry for Neanderthals and Taco Cat. (You'll have to come and find out!) Head home afterwards or stay for our relaxed and fantastic 45min 7pm service.

Email Adam for more and find us on instagram [@alkmundsduffield](https://www.instagram.com/alkmundsduffield)



St Alkmund's Church Hall | Fridays 10 - 12

St Paul's Church Hall | Thursdays 9.30 - 11.30



TOTS is a group for parents, grandparents and carers to bring pre-school-age children to play, craft, sing, and enjoy story time. Our lovely Tots team are always there to support you with a good chat, a proper coffee, and probably some playdough. Drop in when it works for you or come and see us every week, we're looking forward to meeting you.

FAMILY EVENTS

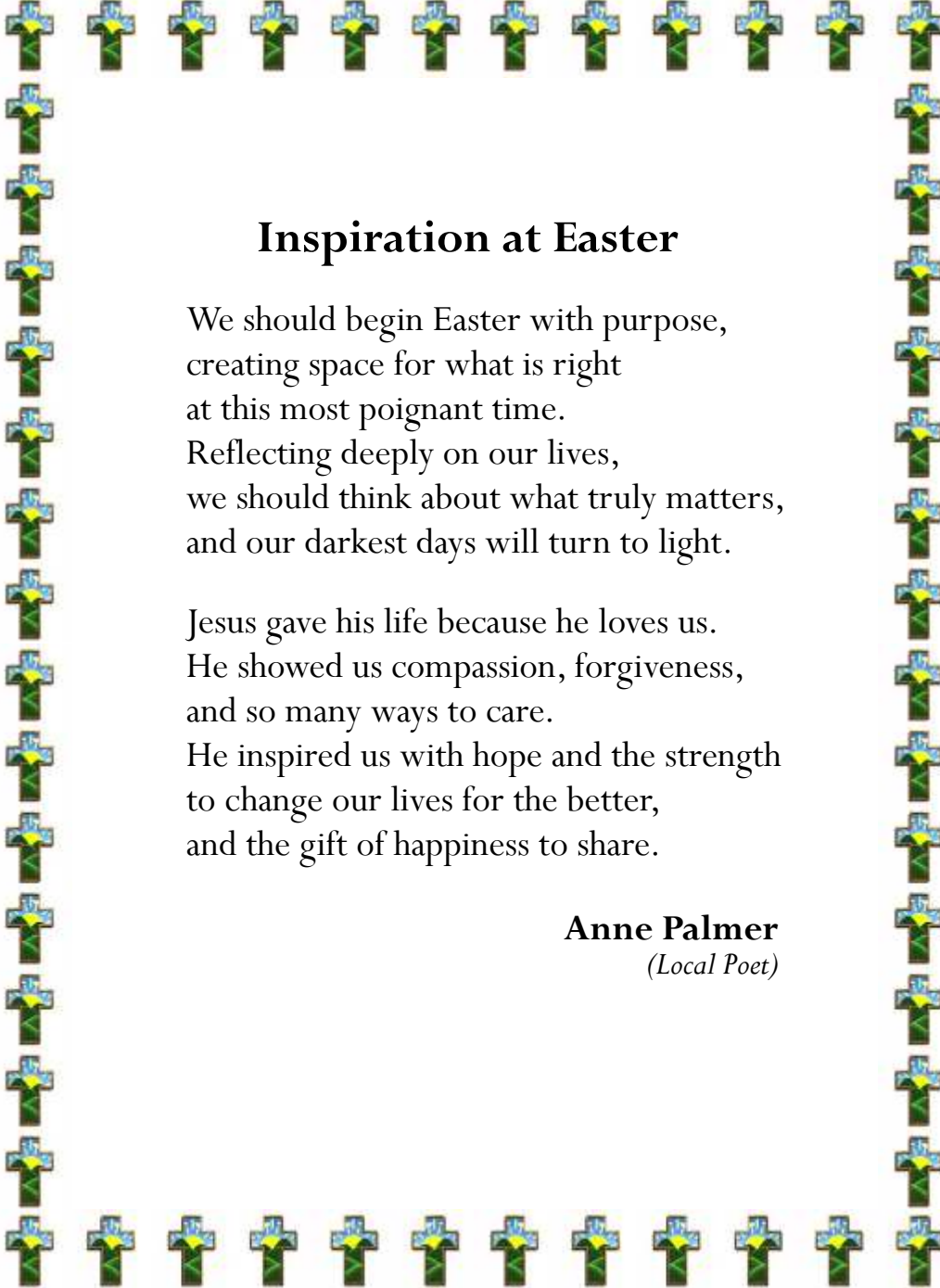


We love hosting opportunities for the church family and the whole village to get together. Try out Board and Brew, our free monthly boardgame cafe every fourth Saturday. Look out for Pandemonium quiz nights and, of course, come any Sunday to see what we're about.

ASSEMBLIES

Primary School | Assemblies and Services

If you attend William Gilbert Primary, Little Eaton Primary or Duffield Meadows Primary we look forward to seeing you regularly as we explore what Christians believe and how that relates to their actions in life outside of church. This term we are looking at the Gospel of Mark to answer 'Why would I need Jesus?'

A decorative border of stylized crosses, each with a blue top half and a green bottom half, framing the text.

Inspiration at Easter

We should begin Easter with purpose,
creating space for what is right
at this most poignant time.
Reflecting deeply on our lives,
we should think about what truly matters,
and our darkest days will turn to light.

Jesus gave his life because he loves us.
He showed us compassion, forgiveness,
and so many ways to care.
He inspired us with hope and the strength
to change our lives for the better,
and the gift of happiness to share.

Anne Palmer
(Local Poet)



St Paul's Little Eaton Church

Vicarage Lane, Little Eaton, Derby DE21 5EA

You are very welcome to join us for our 4.30pm afternoon services, either in the church building, or alternatively online, via our Benefice YouTube channel:

<https://www.youtube.com/c/TheUnitedBeneficeofDuffieldLittleEaton>

Contact St Paul's at:

admin@littleeatonchurch.co.uk

www.littleeatonchurch.co.uk



St Paul's Church Little Eaton



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[@LEatonChurch](https://twitter.com/LEatonChurch)

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Life

Ever feel like something's missing?

Find the hope you're looking for.

Find life in Jesus.

findlifeinjesus.org



Join us at St Pauls Little Eaton
4.30pm 29th March & 5th April

www.littleeatonchurch.co.uk

admin@littleeatonchurch.co.uk

01332 987550

St Paul's
Little Eaton Church

